

## Why an Internship?

A stay abroad is one of the best experiences one can have, whether personal or professional. The contact with other cultures and the need for self-organisation and independence whilst there will broaden your horizons greatly.

More and more often people are asked whether they have any work experience abroad when applying for a new job.

Being proficient in a second or third language (e.g. Spanish, German or French) is an important factor for the personnel-department of many companies when recruiting new staff. Moreover, it can definitely make an applicant stand out from all others.

Since 2001 we have been arranging inexpensive Internships abroad. So that our participants can understand their duties and their colleagues during this time, we also offer intensive and great value language courses that can be taken before beginning the Internship.

Many of our Interns could not speak a word of the local language of the host land, or had only a little knowledge of the language before beginning an Internship, but are now fluent.

## Our Philosophy!

We have set ourselves the aim of encouraging the intercultural exchange of young people from all over the world. In order for as many young people to take advantage of our program as possible we offer the highest quality for the lowest prices.

### Booking without Risk!

It goes without saying that we meet the strict guidelines of the German travel-rights. When making price comparisons elsewhere you should also check whether your money is in safe hands.

### We have arranged internships in the following fields:

Administration, Advertising, Architecture, Automobile Industry, Banking, Book-Keeping, Care Work, Chemistry, Communications, Computer Sciences, Consulting, Controlling, Dance School, Design, Editorial Staff, Electrical Engineering, Engineering, Events, Fashion, Finance, Fitness, Gastronomy, Graphic Design, Hotel Work, IT, Journalism, Justice, Law, Logistics, Marketing, Media, Medicine, Nursing, Personnel, Publishing, Retail, Sales, Social Work, Sport, Technical Support, Tourism, Transport, etc.

### We are accredited by:



**INTERNSHIPS-4U.COM**

... the easy  
way abroad!

**Internships and Language Courses**

Europe | Latin America | Asia

North America | Oceania | Africa

[www.internships-4u.com](http://www.internships-4u.com)



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# Welcome!

# Everything at a glance!

*Are you looking to meet nice people and find an interesting language course or internship abroad? Then you are in the right place!*

### We offer our program in the following Countries:

- Europe: England, France, Germany, Ireland, Italy, Malta, Scotland, Spain, Russia
- Latin America: Argentina, Brazil, Chile, Costa Rica, Ecuador, Guatemala, Mexico
- North America: Canada, USA
- Oceania: Australia, New Zealand
- Africa: South Africa
- Asia: China, Japan

### Companies

We arrange Internships in renowned local companies that likewise require dedication from their Interns.



### Made to measure Internships

We can offer you Internships in almost any branch of work. Just let us know when, and in which field you would like to work.

As you have decided to spend at least several weeks abroad, your time there should become one of your best experiences! Therefore our whole Team will devote itself to making everything run as you wish.



### Language Course

In order to prepare you for the Internship we offer language courses in the local language. Because it is important for us to provide a high quality of language course we only work together with specially chosen language schools. This way you can rest assured that you will be taught by professional teachers that will prepare you fully for the coming Internship.



### Accommodation

Naturally, we can offer you an economically priced accommodation for the duration of your exciting time abroad. In most cities, you have the choice between a room with a guest family or a shared apartment together with either locals or other young people from all over the world.



### Flight

Upon request we can provide you with a quotation for a cheap flight to the city of your internship. Following is the link to make your request: [www.internships-4u.com/flights](http://www.internships-4u.com/flights)

### Step by Step to your dream Internship!



1 Are you interested in an internship abroad? Simply fill in our online enrolment form. It can be found on our website: [www.internships-4u.com/online-registration](http://www.internships-4u.com/online-registration)



2 Along with your enrolment form, you send us your requests for the Internship. In addition to this, we require your curriculum vitae, a passport photograph, a short motivation letter and a copy of your passport.



3 As soon as your enrolment fee is received on our account, we can amend your documents to the standards of your desired host country and then send them to our coordinator on-site. Guarantee: If we are unable to find an Internship for you the registration fee will naturally be refunded.



4 We search on location for a fitting Internship. We require approximately 8-12 weeks in order to find you a suitable Internship. In urgent cases this can be done with shorter notice. If you require it we can also organise a language course and/or accommodation.



5 We send you the documents and the confirmation of the Internship placement and if previously required, the details of the language course and accommodation. We then arrange all the further details and charge the organization fee.



6 We check with you whether you are sufficiently insured. Upon request, we can offer you our most attractive insurance packages according to your program and needs; including health insurance, liability insurance and if applicable, accident insurance.



7 Upon request we'll be happy to provide you with a quotation for a cheap flight to the city of your internship. That's all for now! **Now you are on your way to your dream internship!**

